

MONTHLY NEWSLETTER

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VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

School Admission Drive

NIPUN recently organized a School Admission Drive in July with the aim of enrolling children from slums and construction sites, especially girls, who either dropped out or never had the opportunity to attend school. The campaign urged parents to gather the necessary documents and promptly visit the nearest schools.

During the admission drive, both children and parents actively participated by creating vibrant slogans and posters to inspire the communities. These efforts were particularly beneficial for first-generation learners who migrated from states like Uttar Pradesh, Bihar, Rajasthan, West Bengal, and Chhattisgarh in search of employment and better livelihoods.

The results of these endeavors were remarkable, with 54 children successfully joining Government and Municipal Corporation of Delhi Schools, thus becoming a part of the mainstream education system.



Mahila Mandal Se Charcha on Child Marriage

The Delhi State Legal Services Authority, West District, organized an informative session on child marriage at NIPUN Basti Pathshala, located in the Jhuggi Jhopari area of Paschim Vihar, Delhi.

The aim of this event was to enhance legal awareness among the members of Mahila Mandal (Women's Group). An advocate from DLSA West District engaged in an interactive discussion with the participants.

Subsequently, a detailed session was conducted by the advocate, highlighting the detrimental effects of child marriage on the younger generation, particularly the adverse mental and physical consequences faced by young boys and girls.

Furthermore, the participants were informed about the various legal provisions available to deter the public from engaging in such practices.



HIGHLIGHTS



Cancer Screening Camp Conducted in Slum Community

Cervical, breast, and oral cavity cancers remain significant causes of mortality worldwide, particularly in India where they are among the most prevalent types of cancer. In collaboration with the Rajiv Gandhi Cancer Institute & Research Centre, NIPUN organized a cancer screening camp in the V. P. Singh slums of South East district, New Delhi, with the aim of addressing this pressing issue.

The camp focused on delivering comprehensive cancer screenings to individuals who were at a higher risk. Various screening methods were employed, including Clinical Breast Examination (CBE) for breast cancer, visual inspection for cervical cancer, and oral visual examination (OVE) for oral cavity cancer. A total of 52 individuals registered to receive screenings during the camp.



Ghyan Ka Deepak Jalana Hai, Bal- Vihah Mitana Hai !!!

The NIPUN - Empowering Girl Child project beneficiaries recently conducted an awareness program in slum communities to address the issue of child marriage. This harmful practice not only deprives children of their childhood but also exposes them to a higher risk of violence, exploitation, and abuse. Furthermore, it negatively affects their rights to education, health, and protection.



During the event, adolescent girls and boys from the community actively participated by creating vibrant posters that were displayed throughout the area.

They also shouted slogans such as "Ignite the Lamp of Knowledge, Eradicate Child Marriage" and "Together, Let's Prevent Child Marriage."

NIPUN Commemorates World Youth Skills Day 2023

On July 15th, the world celebrates World Youth Skills Day, a day recognized by the United Nations since 2014. This day holds great importance as it acknowledges the need to provide young individuals with the necessary skills for employment, decent work, and entrepreneurship. In today's rapidly advancing world, where technology and the labour market are constantly evolving, it is crucial to equip young people with adaptable and flexible skill sets.

At NIPUN Vocational Education Training Centre, we play a vital role in addressing these needs. We strive to reduce barriers that hinder access to employment, ensure the relevance and certification of acquired skills, promote environmentally-friendly practices, and provide skill development opportunities for youth who are not currently engaged in education, employment, or training.

The theme for this year's World Youth Skills Day is *"Skilling teachers, trainers, and youth for a transformative future."* This theme highlights the crucial role that teachers, trainers, and other educators play in imparting skills to youth, enabling them to transition into the labor market and actively participate in their communities and societies. At NIPUN, we are dedicated to empowering youth through our skill training courses. Our aim is to equip them with valuable skills, fostering economic independence and self-reliance. The primary objective of these courses is to provide trainees with market-oriented skills that empower them economically and nurture their entrepreneurial abilities.

Our goal at NIPUN is to provide training to underprivileged individuals in urban areas based on the market demand for skills. By doing so, we aim to enable them to establish their own self-employment ventures or secure salaried employment. Through our vocational training courses, such as computer literacy, retail management, Self Employed Tailor, beauty & wellness, and Accounting & Tally courses, we empower youth with the knowledge and skills needed to thrive in various industries.

NIPUN expresses heartfelt gratitude to its donors and well-wishers for their unwavering support. It is through their consistent support that we are able to continue our mission of educating and empowering youth, thereby opening doors to a brighter future and better employment opportunities. Together, let us continue to champion the cause of youth education and empowerment, paving the way for a promising future.



HIGHLIGHTS



Child labour deprives innocent kids of their childhood and denies them access to education, healthcare, and a better future. These young minds deserve to dream big, explore their potential, and become valuable members of society.

To address these issues, NIPUN organised an awareness drive focused on eradicating child labour at the Tughlakabad Container Depot where NIPUN is implementing its Shiksha Saheli project. NIPUN is taking a proactive step to address this pressing issue that affects the well-being and future of our children. Let us come together and can break the vicious cycle of child exploitation and create a brighter, more equitable future.



NIPUN Health and Welfare Initiative

NIPUN efforts are not only focused on education but also extend to ensuring the well-being of the communities we serve, including beneficiaries from construction sites where we are actively working for their holistic development.

NIPUN is regularly organizing health check-up camp for the children aged from birth to 12 years where we are dedicatedly monitoring the growth and development of children from families working on construction sites. Through regular check-ups, we ensure that their health remains a top priority. At the same time we extend routine immunization services to these children, protecting them from preventable diseases and building a healthier future. Expecting mothers from these sites receive comprehensive pre and post-natal care, ensuring they have the necessary support for a safe and healthy pregnancy. Our community health awareness program reaches out to construction site workers, educating them on essential health practices and hygiene for a healthier lifestyle.

At NIPUN, we believe that every child and mother, regardless of their background, deserves access to quality healthcare and support. By working hand in hand with the communities on construction sites, we aim to create a positive impact on their lives and promote well-being for all.



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HIGHLIGHTS: INCULCATING HEALTHY HABITS

Developing Healthy Hand Wash Habits amongst our children

At NIPUN, our primary concern has always been the well-being of the children in our care. In line with our commitment to promoting good health and hygiene practices, we regularly conduct awareness program to instill healthy hand wash habits among the children attending our preschool and day care centers located in the slums and construction sites, especially during the waterborne disease season. Our goal is to educate the children & their families about the significance of handwashing in preventing illnesses and to introduce an effective handwashing solution using potassium permanganate in plain water.

Through engaging workshops and practical demonstrations, we successfully taught the children the importance of regular and thorough handwashing. Additionally, we provided caregivers & families with the necessary knowledge to support and supervise the children during handwashing activities. The introduction of the potassium permanganate solution proved to be a cost-effective and efficient measure to ensure hand hygiene, especially when clean water accessibility was limited during the waterborne disease season.

As a result of our efforts, we observed improved handwashing habits among the children, leading to a noticeable reduction in waterborne diseases at our centers. The caregivers' active involvement in promoting handwashing practices further contributed to the success of the initiative. We remain dedicated to continuing this vital health initiative, as it is a crucial step towards ensuring a healthier and happier future for the children under our care at NIPUN.



HIGHLIGHTS



Awareness on Transmitting Conjunctivitis

NIPUN has initiated a string of informative programs aimed at raising awareness about conjunctivitis in slum areas and construction sites. These educational drives utilize Information Education Campaign materials to circulate vital information within the communities. A key focus during these programs is to educate individuals on ways to lessen the risk of transmitting conjunctivitis. The organization's caregivers advise community members on the imperative nature of maintaining good hygiene practices.

Precautions such as washing hands thoroughly, abstaining from touching the eyes, and not sharing personal belongings like towels or eye makeup are emphasized as effective strategies to curb the spread of this infection.

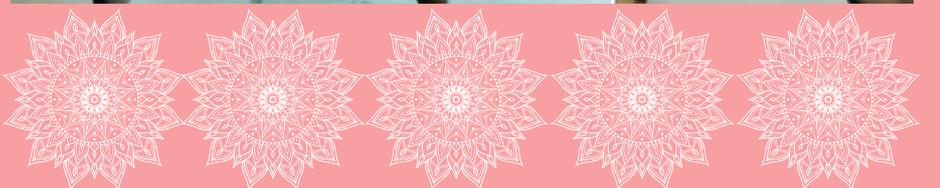
Mehendi Ke Rang, Hatho Ke Sang

The NIPUN Vocational Training Centre organized a henna competition titled "*Mehndi Ke Rang, Hatho Ke Sang*" with the Beauty and Wellness unit trainees on July 26th, 2023.

Mehendi, or henna, is an integral part of Indian traditions and festivals, to the extent that no celebratory occasion feels complete without its inclusion. The aim of this competition was to instill in the trainees a sense of appreciation for the rich traditional and cultural practices of India, which are beautifully showcased during festive periods.

In this spirited competition, 32 trainees enthusiastically demonstrated their artistic prowess by creating stunning and intricate designs on their own and others' hands.

Every participant was recognized with a certificate of participation, while special prizes were awarded to the top three competitors who stood out for their exceptional talent and creativity.



HIGHLIGHTS

Certificate Distribution Ceremony at NIPUN Vocational Training Centre

NIPUN Vocational Training Centre hosted a certificate distribution event on July 28th, 2023, to recognize those who successfully completed the Life Skills Training programme. This initiative was geared towards adolescent girls, providing them with necessary life skills techniques. The training enabled the participants to gain knowledge on key topics such as life skills, peer pressure and bullying, substance abuse, child sexual abuse, the POCSO Act, gender sensitization, and HIV/AIDS.

The ceremony concluded with high-spirited participants receiving their certificates in acknowledgement of their success. NIPUN extends its deep gratitude towards the ModiCare Foundation for its continual support.



Empowering and raising awareness on prevention of Vector-Borne Diseases

NIPUN conducted a highly impactful awareness program targeting community women and mothers to educate them on vector-borne diseases. The program covered disease identification, preventive measures, and early detection, fostering a proactive and vigilant community.

Through interactive sessions and engaging discussions, attendees gained valuable knowledge and tools to safeguard their families from common vector-borne illnesses.

The program's success in empowering and raising awareness among participants reaffirms NIPUN's commitment to building a healthier and resilient community. More than 50 community women and mothers attended the program.



HIGHLIGHTS

Massive Turn-up for Eye Check-up

A Free Eye Check-up Camp was successfully organized on 30th July, 2023 at NIPUN Swavlamban Evening Clinic, Kapashera, South West District, New Delhi, in collaboration with the Mahaveer International Delhi & SSS Foundation. The eye check-up process comprised three stages, and it aimed to identify individuals with weak eyesight. Senior citizens, women, and children who required vision correction were provided with well-fitting spectacles that had lenses tailored to their specific needs.

A total of 319 beneficiaries registered in the camp, where they underwent thorough screening for various eye ailments. Out of these, 6 individuals were referred for further examination regarding cataract operations. 100 beneficiaries received free spectacles. During the eye screening and clinical examination 16 patients registered with Very high Blood pressure, Blood Sugar and heart issues immediately had electrocardiography (ECG) done and they were further referred to hospital for diagnosis and treatment.

Throughout the camp, individual counseling sessions were conducted to raise awareness within the community about eye disorders, the importance of early detection, and the identification of refractive errors and eye ailments among underprivileged individuals. The Eye Check-up Camp proved to be highly beneficial as many individuals gained valuable insights about their eye health. The timely intervention of NIPUN enabled them to enhance their focus and productivity. Moreover, the event played a crucial role in preventing the further deterioration of eyesight among senior citizens. It was also focused during the eye camp to educate individuals on ways to lessen the risk of transmitting conjunctivitis. The organization's caregivers advise community members on the imperative nature of maintaining good hygiene practices.

Precautions such as washing hands thoroughly, abstaining from touching the eyes, and not sharing personal belongings like towels or eye makeup are emphasized as effective strategies to curb the spread of this infection. Overall, the Free Eye Check-up Camp was a resounding success, providing much-needed support to the community and contributing to the well-being of its members.



SUCCESS STORY: AKANSHA

Akansha, the daughter of an auto driver, faced numerous challenges due to her family's financial constraints. It was difficult for Akansha's father to raise and educate 4 children with just a meagre income. When Akansha discovered NIPUN, she saw a glimmer of hope.

With her unwavering determination to join the Central Industrial Security Force (CISF) and fulfill her dream of taking her parents to Dubai, she embarked on a journey with us that would change her life forever.

Through our Basic Computer course, Akansha gained invaluable skills and knowledge that enabled her to secure a job as a Data Entry Operator at a well-respected export company. This newfound employment not only provided her with financial stability but also empowered her to support her family and pay for her Bachelor of Arts alongside her job. Akansha currently earns more than Rs. 10,000 a month.



GLIMPSES OF EMPOWERING GIRL CHILD PROJECT



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APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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